

2014 Recommended Immunizations for Adults by Age

| Talk to your healthcare professional about these vaccines: | If you are this age, | | | | | |
|--|---|-------------|-------------|-------------|-------------|-----------|
| | 19-21 years | 22-26 years | 27-49 years | 50-59 years | 60-64 years | 65+ years |
| Influenza (Flu) ¹ | Get a flu vaccine every year | | | | | |
| Tetanus, diphtheria, pertussis (Td/Tdap) ² | Get a Tdap vaccine once, then a Td booster vaccine every 10 years | | | | | |
| Varicella (Chickenpox) ³ | 2 doses | | | | | |
| HPV Vaccine for Women ^{3,4} | 3 doses | | | | | |
| HPV Vaccine for Men ^{3,4} | 3 doses | 3 doses | | | | |
| Zoster (Shingles) ⁵ | | | | | 1 dose | |
| Measles, mumps, rubella (MMR) ³ | 1 or 2 doses | | | | | |
| Pneumococcal (PCV13) ⁷ | 1 dose | | | | | |
| Pneumococcal (PPSV23) ⁷ | 1 or 2 doses | | | | | 1 dose |
| Meningococcal | 1 or more doses | | | | | |
| Hepatitis A ³ | 2 doses | | | | | |
| Hepatitis B ³ | 3 doses | | | | | |
| <i>Haemophilus influenzae</i> type b (Hib) | 1 or 3 doses | | | | | |



Boxes this color show that the vaccine is recommended for all adults who have not been vaccinated, unless your healthcare professional tells you that you cannot safely receive the vaccine or that you do not need it.



Boxes this color show when the vaccine is recommended for adults with certain risks related to their health, job or lifestyle that put them at higher risk for serious diseases. Talk to your healthcare professional to see if you are at higher risk.



No recommendation

FOOTNOTES:

1. Influenza vaccine: There are several flu vaccines available—talk to your healthcare professional about which flu vaccine is right for you.
2. Td/Tdap vaccine: Pregnant women are recommended to get Tdap vaccine with each pregnancy in the third trimester to increase protection for infants who are too young for vaccination, but at highest risk for severe illness and death from pertussis (whooping cough). People who have not had Tdap vaccine since age 11 should get a dose of Tdap followed by Td booster doses every 10 years.
3. Varicella, HPV, MMR, Hepatitis A, Hepatitis B vaccine: These vaccines are needed for adults who didn't get these vaccines when they were children.
4. HPV vaccine: There are two HPV vaccines, but only one, HPV (Gardasil®), should be given to men. Gay men or men who have sex with men who are 22 through 26 years old should get HPV vaccine if they haven't already started or completed the series.
5. Zoster vaccine: You should get the zoster vaccine even if you've had shingles before.
6. MMR vaccine: If you were born in 1957 or after, and don't have a record of being vaccinated or having had these infections, talk to your healthcare professional about how many doses you may need.
7. Pneumococcal vaccine: There are two different types of pneumococcal vaccines: PCV13 and PPSV23. Talk with your healthcare professional to find out if one or both pneumococcal vaccines are recommended for you.

If you are traveling outside of the United States, you may need additional vaccines. Ask your healthcare professional which vaccines you may need.

For more information, call toll free 1-800-CDC-INFO (1-800-232-4636) or visit <http://www.cdc.gov/vaccines>

2014 Recommended Immunizations for Adults by Medical Condition

If you have this health condition,

| Talk to your healthcare professional about these vaccines: | Pregnancy | Weakened immune system (not human immunodeficiency virus [HIV]) | | HIV Infection | | Kidney disease or poor kidney function | Asplenia (if you do not have a spleen or it does not work well) | Heart disease, chronic lung disease, chronic alcoholism | Diabetes (Type 1 and Type 2) | Chronic Liver Disease | |
|--|------------------------------|---|---------------------------|-------------------------------------|-----------------------------|--|---|---|------------------------------|-----------------------|--|
| | | | | CD4 count is less than 200 | CD4 count is 200 or greater | | | | | | |
| Influenza (Flu) ¹ | Get a flu vaccine every year | | | | | | | | | | |
| Tetanus, diphtheria, pertussis (Td/Tdap) ² | 1 dose Tdap each pregnancy | Get Tdap vaccine once, then a Td booster every 10 years | | | | | | | | | |
| Varicella (Chickenpox) ³ | SHOULD NOT GET VACCINE | | | 2 doses | | | | | | | |
| HPV Vaccine for Women ^{3,4} | 3 doses through age 26 years | | | | | | | | | | |
| HPV Vaccine for Men ^{3,4} | | | | 3 doses through age 26 years | | | 3 doses through age 21 years | | | | |
| Zoster (Shingles) ⁵ | SHOULD NOT GET VACCINE | | | 1 dose for those 60 years and older | | | | | | | |
| Measles, mumps, rubella (MMR) ^{3,6} | SHOULD NOT GET VACCINE | | | 1 or 2 doses | | | | | | | |
| Pneumococcal (PCV13) ⁷ | | | | 1 dose | | | | 1 dose | | | |
| Pneumococcal (PPSV23) ⁷ | 1 or 2 doses | | 1 or 2 doses | | | | | | | | |
| Meningococcal | 1 or more doses | | | | | 1 or more doses | | 1 or more doses | | | |
| Hepatitis A ³ | 2 doses | | | | | | | | | 2 doses | |
| Hepatitis B ³ | 3 doses | | | 3 doses | | | 3 doses | | 3 doses | | |
| <i>Haemophilus influenzae</i> type b (Hib) | | | post-HSCT recipients only | 1 or 3 doses | | | | | 1 or 3 doses | | |

 Boxes this color show that the vaccine is recommended for all adults who have not been vaccinated, unless your healthcare professional tells you that you cannot safely receive the vaccine or that you do not need it.

 Boxes this color show when the vaccine is recommended for adults with certain risks related to their health, job or lifestyle that put them at higher risk for serious diseases. Talk to your healthcare professional to see if you are at higher risk.

 Boxes this color indicate the adult should NOT get this vaccine.

 No recommendation

FOOTNOTES:

- Influenza vaccine: There are several flu vaccines available—talk to your healthcare professional about which flu vaccine is right for you.
- Td/Tdap vaccine: Pregnant women are recommended to get Tdap vaccine with each pregnancy in the third trimester to increase protection for infants who are too young for vaccination but at highest risk for severe illness and death from pertussis (whooping cough). People who have not had Tdap vaccine since age 11 should get a dose of Tdap followed by Td booster doses every 10 years.
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U.S. Department of Health and Human Services
Centers for Disease Control and Prevention